

The Federation of St. Edmund's and St. Patrick's RC Primary Schools



PE Curriculum Map

	<u>Autumn 1</u>	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction Unit 1	Fundamentals Unit 1	Gym unit 1	Ball skills unit 1	Dance unit 1	Games Unit 1
Reception	Introduction Unit 2	Fundamentals Unit 2	Gym unit 2	Ball skills unit 2	Dance unit 2	Games Unit 2
Year 1	Gymnastics	Dance	Fitness	Striking and fielding	Athletics	Net and wall
	Fundamentals	Ball skills	Yoga	Target games	Sending and receiving	Invasion
Year 2	Gymnastics	Dance	Fitness	Striking and fielding	Athletics	Sending and receiving
	Invasion	Ball skills	Team building	Yoga	Net and Wall	Target games
Year 3	Gymnastics	Dance	Fitness	Tennis	Athletics	Basketball
	Football	Netball	Ball skills	Yoga	Rounders	Cricket
Year 4	Gymnastics	Dance	Fitness	Ball skills	Athletics	Tennis
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Year 5	Gymnastics	Dance	Fitness	Football	Tennis	Rounders
	Netball	Basketball	Dodgeball	Yoga	Hockey	Athletics
Year 6	Gymnastics	Dance	Fitness	Rounders	Tennis	Football
	Tag Rugby	Netball	Yoga	Dodgeball	Hockey	Athletics