



THE FEDERATION OF ST. EDMUND'S AND ST. PATRICK'S

Physical Education Curriculum Statement

Intent

Our Physical Education curriculum has been specifically tailored to meet the unique context of our schools. It is designed to be broad and balanced, providing all pupils with the opportunity to master their learning and deepen their knowledge, making sense and giving purpose as to why we learn about P.E. Teachers will provide pupils with challenging big questions about PE, which will help them change and transform our society, putting their faith into action.

At St Patrick's and St Edmund's we believe that Physical Education helps to develop the knowledge, skills and capabilities necessary for mental, emotional, social and physical well-being in our children now and for their future. Physical fitness is an important aspect of leading a healthier lifestyle. It teaches self-discipline and that success is only achieved through hard work, resilience and determination. It is our intent at St. Edmund's and St. Patrick's to teach children life skills that will positively impact on their future. We want to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values. We aim to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical activities whilst providing every possible opportunity to encounter the world-class sporting facilities in their immediate locality.

The key strands of the subject that pupils will learn through the school's age-related expectations are:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Implementation

Physical Education is taught through the framework of the 2014 National Curriculum. The principles and content of its requirements have been carefully placed at the heart of the schools' programmes of study in P.E.

Pupils at St. Edmund's and St. Patrick's participate in at least 2 hour high quality PE and sporting activities weekly. Weekly games or athletics outdoor sessions are delivered by a sports coach provided by City in the Community (CITC). Weekly indoor dance or gymnastic sessions are delivered by class teachers. Children in Year 4 attend the swimming baths each week and at St. Edmund's pupils in Year 3 attend weekly BMX sessions. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being.

The curriculum framework is broad and balanced and ensures all 6 strands of the P.E National Curriculum are taught. These plans are closely linked to the school's Age Related Expectations (ARE's) in Physical Education for each year group which allows a consistent application of the curriculum throughout the Key Stages.

A curriculum coverage file is kept for each cohort. This enables both class teachers and the subject leader to monitor coverage and identify progress made throughout the lifetime of a cohort in the school.

A whole school system is used which links the ARE to each child's learning during their P.E curriculum lessons.

This is done through:

Floor Books: used to track and monitor skill development as each cohort progresses through the school. This includes: an 'I can statement', photographic evidence, assessment for learning opportunities, a sequence of work which includes WALTs and success criteria to build mastery and challenge questions to develop greater depth and critical thinking through aspects of SMSC.

Resources

This system is greatly enriched by visiting and accessing local sporting facilities such as, The Etihad Campus, The National Squash Centre, The National Cycling Centre, East Manchester Leisure Centre and the National Football Museum and places of significant sporting interest both in and around our school, city and its surrounding areas. The P.E department is extremely well resourced with a wide range of equipment in order to facilitate teaching and learning in each of the Physical Education strands.

In Physical Education, assessment of pupil progress is undertaken against the age-related expectations for Physical Education. This includes any final pieces of work and any whole class assessment that staff might undertake. The outcomes of these assessments are used by class teachers to evaluate the quality of coverage of the ARE in Physical Education and to inform aspects of learning that need to be strengthened to improve the quality of provision and to enhance pupil progress.

Impact

Our PE curriculum aims to improve the wellbeing and fitness of all children at St. Edmund's and St. Patrick's, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. Within our lessons, children are taught about self-discipline and that to be successful they need to take ownership and responsibility of their own health and fitness. Our impact is therefore to motivate children to utilise these underpinning skills in an independent and effective way in order to live happy and healthy lives.